



## CURRICULUM VITAE

**Family:** Hajifaraji  
**Name:** Majid  
**Position:** Research Assistant Professor  
**Speciality:** Nutrition  
**Date of Birth:** 15 Jan 1961  
**Place of Birth:** Tehran  
**Nationality:** Iranian  
**Marriage status:** Married

**Office Address:** 46 West Arghavan,  
Farahzad Blvd., Shahrak Qods,  
**Zip code:** 1981619573  
**PO Box:** 19395-4741  
**Tehran, I R Iran**  
**Tel:** (+9821) / 22360658  
**Fax:** (+9821) 22086349  
**E-mail:** [m.hajifaraji@nmftri.ac.ir](mailto:m.hajifaraji@nmftri.ac.ir)  
**Alternative e-mail:** [m39faraji@yahoo.com](mailto:m39faraji@yahoo.com)

### Education

1. PhD in Clinical Nutrition, King's College London, University of London (2001-2005)
2. Diploma in Nutrition, King's College London, University of London (2000-2001)
3. Graduate Certificate in Academic Practice, (including 9 courses, observational lecturing programme), King's College London, University of London (2002-2005)
4. Master of Science in Nutrition, Faculty of Nutrition and Food Sciences, Shahid Beheshti University of Medical Sciences (SBUMS), Tehran. Iran (1992-95)
5. Bachelor of Science in Nutrition, Faculty of Nutrition and Food Sciences, SBUMS, Tehran, Iran (1988-1990).

### *Training and Courses*

1. Pre-session English Course. Language Centre of King's College London (1999)
2. In-session English Course. Language Centre of King's College London (2000-2001)
3. Workshop Training in End Note. Manchester University (2001)
4. Academic Writing and Writing up Research course for Graduate Student at Language Centre of King's College London (4-21 Nov 2002)
5. Venepuncture Procedure Training at Guy's and St Thomas' Hospital Trust, London (5 March 2003)
6. Elan Instrument Familiarization (ICP-MS) at Perkin Elmer, Seer Green, UK (7-11 April 2003)
7. A practical course on Clinical Nutrition. St. James's Hospital, University of Leeds, UK, (2-5 Sep 2008)

Development Program for Teaching Assistants at King's College London  
Graduate Certificate in Academic Practice (GCAP) Programme

1. Planning & Preparing a lecture (Nov 2001)
2. Being a Demonstrator (Nov 2001)
3. Presentation Skills (Nov 2001)
4. Marking and Giving Feedback (Dec 2001)
5. Meeting Administration (July 2002)
6. Communication in Higher Education (April 2002)
7. Key Issues (Jan 2004)
8. How Students Learn (Jan 2004)
9. Evaluating Practice (Jan 2004)
10. Assessment in Higher Education (Jan 2004)

Workshops

1. Workshop Training in Advanced Statistics and Clinical Trials. Ministry of Health, Treatment and Medical Education, Tehran, Iran (1996)
2. Workshop Training in End Note. Manchester University (2001)
3. Introduction to Reference Manager, at King's College London (12 June 2001, 25 Nov 2001)
4. Introduction to Access for Research, at King's College London (31 Oct 2001)
5. Fundamentals of SPSS (6,13 March 2001), at King's College London
6. Participation in 16<sup>th</sup> Advanced Methodology Research and Clinical Trials Workshop. Endocrine Research Centre (ERC), SBMU (24-26 Jan 2006).
7. Workshop Training in Nutrition and Diet Therapy on Neurological System diseases, Iranian Nutrition Society of (2 March 2006).
8. Participation in the workshop on Ethics in "Biological Science Research (protection of human subjects)". Cancer Research Institute, Tehran Medical Sciences University (TMSU), 27-28 July 2005.
9. Participation in the workshop on "Food and Nutrition Security in the Context of HIV/AIDS". NNFTRI, 9-11 July 2006.
10. Attendance in the first symposium on Obesity in Iran, Endocrine and Metabolism Research Center, SBUMS, 23 Nov 2006.
11. Attendance in the Symposium of Cancer and its Ethical and law Challenges. Ethics and Medical law Research Centre, SBUMS, 7 February 2007.
12. Participation in the training workshop on "Nutrition in Emergency Situations". By Acción Contra el Hambre (ACF E) at the Faculty of Nutrition Science & Food Technology, SBMU, 17-18 April 2007.
13. Participation in the training workshop on "Food in a Social Context". Faculty of Nutrition Science & Food Technology, SBMU. 13-14 May 2007.
14. Participation in the Symposium of "Obesity and Vulnerable Groups". Endocrinology and Metabolism Research Centre & Iranian Obesity Society, SBMU, 31 May 2007.
15. Participation in the Training Workshop on Qualitative Studies in Nutritional Research ". NNFTRI, SBUMS. 23-24 Dec 2007.
16. Participation in the "Scientific Writing Workshop", levels 1 and 2, NNFTRI, SBUMS. 1, 13 Jan 2008.

17. Participation in the workshop on "Nutrition Research Management and communication", by Friedman School of Nutrition Sciences and Policy, Tufts University, International Nutrition Foundation (INF), NNFTRI, 11-14 May 2008.
18. Participation in "Clinical Nutrition Course", University of Leeds, UK. 2-5 Sep 2008.
19. Participation in the workshop on "National Nutrition and Food Research" by NNFTRI & Nutrition Society of Iran. 21-23 Oct 2008.
20. Participation in the workshop on "Using Recourses of Digital Library" NNFTRI, SBUMS, 1-3 March 2009.
21. Participation in the workshop on "Endnote" NNFTRI, SBUMS, 7-8 March 2009.
22. Participation in the workshop on "Food policy - Current Approaches to Broadly Based Policies" held by NNFTRI, SBUMS and Professor Heather Yeatman from University of Wollongong, Australia, 4-5 May 2009.
23. Presentation in the workshop on "Interventional Performance for Promotion of Food Security in Calamities" at the "4<sup>th</sup> International Congress on Health, Treatment and Crises Management in Calamities". Medical Society, Iran University of Medical Sciences, Tehran. 15-17 December 2009.

### Computing

1. Basic and advanced computer course Shaheed Beheshti University of Medical Sciences, Taleghani Hospital, Tehran, Iran (1995)
2. Word 97 Intermediate Skills at King's College London, UK (19 Nov 2001)
3. Microsoft Windows (PC File Management) at King's College London, UK, (05,11 Oct 2001)
4. Foundation Word-Efficiency Techniques at King's College London, UK (14 Nov 2001)
5. File management training course. King's College London (2001)
6. Reference Manager training course. King's College London (2001)
7. Power point level 1 at King's College London, UK (21 Jan 2002)
8. Power point level Intermediate at King's College London, UK (28 Jan 2002)
9. Power point in practice at King's College London, UK (26 Feb 2002)
10. Excel Introduction at King's College London, UK (19 Feb 2004)
11. Excel Intermediate at King's College London, UK (04 March 2004)

### **Teaching**

1. Taught Research methodology and Primary statistics at Rehabilitation Faculty, SBUMS, Tehran, Iran (1996-2000).
2. Taught Research Methodology in Health Sciences at Faculty of Health, SBUMS, Tehran, Iran (1998)
3. Taught and Facilitated Research Methodology to the academic staff, medical residents at 60 consecutive academic short-term workshop courses in the Research Department of SBUMS, Tehran, Iran (1991-2000).
4. Taught and facilitated medical research paper writing to medical attendants at four consecutive academic short-term workshop courses in the Research Department of SBUMS, Tehran, Iran (1991-2000).

5. Consulted, advised and directed the design, data collection and analysis and initiation of medical research projects at the research department of SBUMS, Tehran Iran (1991).
6. A tutorial lecture to Intercalated B.Sc. Nutrition students about “Metabolic Syndrome” in King's College London [KCL] (March 2004).
7. Demonstrating laboratory practicals for 2<sup>nd</sup> year BSc students in Nutrition, including: Blood Analysis and Diet Computation (Assessment of Nutritional Status), King’s College London (Jan 2003)
8. Demonstrating laboratory practicals for Intercalated BSc Nutrition students including: Dietary and Biochemical Assessment of Nutritional Status using Microdiet, Urine Analysis, Energy Expenditure and Anthropometric Assessment of Nutritional Status, King’s College London (Sep–Nov 2001-2003)
9. Demonstrating laboratory practicals for Year two Medical Students (Special Study Module) including: Dietary Assessment of Nutritional Status, Anthropometric Assessment of Nutritional Status and Data Handling and statistical analysis using Minitab, KCL (Sep- Nov 2004).
10. Lecturing the Food Assessment using Microdiet Programme for BSc Students of Nutrition & Dietetics, Intercalated BSc Medical students and Year two Medical Students (Special Study Module), KCL (2003-2005).
11. Lecture presentation on "Essential dietetics" in the workshop of "Food and Nutrition Security in the Context of HIV/AIDS". NNFTRI, SBUMS. 9-11 July 2006.
12. Taught "Nutrition in specific groups" for undergraduate students. Nutrition and Food Sciences Faculty, Islamic Azad University. 2007-2008.
13. Taught "Food Program Planning" for undergraduate students. Nutrition and Food Sciences Faculty, Islamic Azad University. 2008-2009.
14. Taught "Principal of Epidemiology" for undergraduate students. Nutrition and Food Sciences Faculty, Islamic Azad University. 2008-2010.
15. Lecturing the "Ethics on Clinical Nutrition Research" in the "1<sup>st</sup> Professional Workshop of Ethics in Nutrition and Food Technology Research". NNFTRI, SBUMS. 13-15 February 2007.
16. Lecture presentation on "Monitoring and Evaluation" in the workshop on “Improving Community Nutrition” Deputy for Health, Isfahan Medical University. May 2007.
17. Taught Research Methodology in Health Sciences for Postgraduate students. International Unit, Faculty of Nutrition and Food Technology, SBUMS. 2007-2008 and 2010.
18. Lecturing and administrating (as scientific secretariat) in the "2<sup>nd</sup> Professional Workshop of Ethics in Nutrition and Food Technology Research". NNFTRI, SBUMS. 9-10 February 2008.
19. Lecture presentation on "Vitamin B2" in the workshop on "the Impact of Micronutrients in Human Health". Deputy for Health, SBUMS. 3-4 March 2008.
20. Lecture presentation on “Professional Ethics in Leadership Workshop”. NNFTRI, SBUMS, 26-28 Sep 2009.
21. Lecturing and administrating Research Methodology in Health Sciences for alumni and graduate students, NNFTRI, SBUMS and Iranian Nutrition Society 11-12 December 2011.

## Thesis Supervision

1. Hajifaraji M, Houshiar Rad A, Abadi AR, Hosseinpanah F. (2010). The Association of Metabolic Syndrome and Food Patterns in Non-Menopause Women. Hadad Tabrizi S, Alumni of Shahid Beheshti Medical University.
2. The association of overweight and obesity with menarche age and nutritional status in girls aged 11-15 in Mashhad. Dahri M, Alumni of Shahid Beheshti Medical University.
3. Comparison study on the effect of "real oat bread" with "barley bread offered in Tehran" on serum glucose and lipid profiles in dislipidemic and type 2 diabetic subjects. Vahab Rezvani, Alumni of Shahid Beheshti Medical University.
4. The association between dietary intake and exam stress in secondary students-2010-11. Azarvand P, Nutrition Sciences student of Shahid Beheshti Medical University.
5. The association between parents' behavior patterns and dietary intake of 2-6 yrs children in Tehran preschool children-1389. Pazouky M. Nutrition Sciences student of Shahid Beheshti Medical University.
6. The role of socioeconomic factors on nutrition status of 2-6 yrs children in Tehran preschool children-1389. Nikousokhan. Nutrition Sciences student of Shahid Beheshti Medical University.
7. The prevalence of overweight and obesity and its related factors in secondary girls' students of district 2 in Tehran-2010-11. Asadi Ghafari P. Nutrition Sciences student of Shahid Beheshti Medical University.

## Administrative Positions

1. Senior expert of research affairs office, SBUMS. Tehran, Iran (1991- 94)
2. Deputy -Director of university research affairs office, SBUMS. Tehran, Iran (1994-95)
3. Director of university research affairs office, SBUMS. Tehran, Iran (1995-1999).
4. Collaborating in initiating the third International Congress on Endocrine Disorders (The Thyroid) SBUMS, Tehran, Iran (1995)
5. Collaborating in initiating the "5<sup>Th</sup> Iranian Congress of Ophthalmology" (1995)
6. Secretary and chair of the education & research services planning committee, SBUMS (1998- 1999)
7. Member of the central committee for planning the 3<sup>Rd</sup> National Development Stage, SBUMS (1999)
8. Research faculty member of National Nutrition and Food Technology Research Institute (NNFTRI), SBUMS (2000)
9. Research Assistance Professor of National Nutrition and Food Technology Research Institute, SBUMS (2005)
10. Head, Research Department of Nutrition & Food Policy and Planning, NNFTRI, SBUMS, (May 2005-2009)
11. Director of Research Affairs, NNFTRI, SBUMS, (2005-2006)
12. Member and Secretary of Research Committee of NNFTRI, SBUMS (May 2005- Aug 2006)
13. Vice-director of NNFTRI for Research Affairs, SBUMS, (Sep. 2005- Aug 2006)

14. Member and Secretary of Ethics Research Committee of NNFTRI, SBUMS (Dec 2005-2006)
15. Editorial Board member for Iranian Journal of Nutrition Sciences & Food Technology (JNSFT) of NNFTRI (Feb 2006).
16. Member of Research Committee of SBUMS (March – Aug 2006)
17. Member of supervisors and advisors team of SBUMS for the special quota students (2006-...).
18. Scientific secretary of First Professional Workshop on Ethics in Nutrition and Food Technology Research, NNFTRI, SBUMS, (13-15 Feb 2007).
19. Member of National Biomedical Ethics Committee, Iranian National Commission for UNESCO (2006-...).
20. Member of Scientific Committee of National and International Collaborations Office, NNFTRI, SBUMS. (May 2007).
21. Member of Scientific Committee of 10<sup>th</sup> Iranian Nutrition Congress. Tehran, 27-30 October 2008.
22. Head Symposium of Nutrition for specific groups at the “10<sup>th</sup> Nutrition Congress of Iran” by Tehran Medical University and Nutrition Society of Iran. 27-30 Oct 2008.
23. Scientific secretary of the workshop on “Paper Writing Skills” NNFTRI, SBUMS and Nutrition Society of Iran, 14-15 Dec 2008.
24. A member of professional team on Food and Nutrition Security for compiling “National Scientific Comprehensive Map” The Council of Policy Making, Ministry of Health. 2008-2009.
25. Dean, Faculty of Nutrition & Food Technology, Shahid Beheshti University of Medical Sciences (SBUMS), Iran (2010 - ...).
26. Director, National Nutrition & Food Technology Research Institute (NNFTRI), Iran & WHO Collaborative Centre, (2010 - ...).
27. Member of the “National Technical Committee for Foods, Beverages - Food and Drug Department, Ministry of Health, and Medical Education, Iran (2010-...).
28. Dean, Faculty of Nutrition & Food Technology, International Branch of Shahid Beheshti University of Medical Sciences (SBUMS), Iran (2010 - ...).
29. A member of Technical and constitutional Committee, Administration Office for foods, beverages and cosmetics, Food & Drug Vice-Chancellor for Ministry of Health Iran (2010 - ...).
30. A member of Technical and constitutional Committee, Administration Office for Supplement and Drug , Food & Drug Vice-Chancellor for Ministry of Health Iran (2010 - ...).

## Publications

1. Haji Faraji M., Haji Tarkhani AH., (1999). "The effect of Sour tea (*Hibiscus sabdariffa*) on essential hypertension". *Journal of Ethnopharmacology*, 65: 231- 236.
2. Riaz Davoudi P., Shamshirgaran S., Haji Faraji M. (1997). "Cephalometry of Tehran's 16-18 Year- old females". *Pejouhandeh*, 2 (3): 99-107.
3. Kazemi M., Moghaddam R., Haji Faraji M., Vallaei N., (1998)."Effect of the A-V Impulse System on Swelling and Pain in Patients with ankle fractures ". *Pejouhandeh*, 3 (3): 67-71.
4. Assadzadeh E., Ejlali M., Jarollahi N., Haji Faraji M., (1998)."Anteroposterior position of upper anterior teeth compared to the incisive papilla and columella –Philtrum angle". *Pejouhandeh*, 3 (4): 35- 42.
5. Tahmassebi S., Hosseinzadeh M. Haji Faraji M, Behbahani S.M., (1998). "A comparison of the effect of Betadine and Chlorohexidine in disinfecting of nurses 'hand.' *Pejouhandeh*, 3 (5): 125-128.
6. Haji Faraji M., Leeds A.R., Powell J., Frost G., (2003). "The relationship between dietary glycaemic index and urinary chromium in British adults". *Proceedings of the Nutrition Society*, Abstracts of Original Communications, 62: 82A.
7. Haji Faraji M., Leeds A.R., Powell J., Frost G., (2003). "The relationship between dietary glycaemic index and urinary chromium in British adults". *Nutrition and Health-Current topics III*, Carr T. and Descheemaeker K. (Eds.): 207-208.
8. Haji Faraji M., Leeds A.R., (2004). Does persistent consumption of high glycaemic diet increase chromium loss in the urine? *Cell Mol Biol Lett*, 9 (Suppl 2); 26-27 (Abst)
9. Haji Faraji M., Leeds A.R., (2004). Determination of urinary chromium as an indicator for available chromium following 75g glucose oral ingestion. *Cell Mol Biol Lett*. 9 (Suppl 2); 85-87.
10. Haji Faraji M., Leeds A.R., (2005). The effect of high and low glycaemic index diets on urinary chromium in healthy individuals. *SAJCN*, 49 (Suppl 1); 193 (Abst).
11. Esfarjani F., Mohammadi F., Roustae R., Eshraghi Sh., Haji Faraji M., (2006). Assessment of nutritional health status of adolescents in east Tehran. *Public Health Nutrition*, 9(7A) Sep: 198.
12. Esfarjani F., Mohammadi F., Hajifaraji M., Roustae R. and Khoshfetrat MR. (2006). Under-and over nutrition in a group of Tehrani adolescents. *Obesity Reviews*, 7 (Suppl. 2): 241.
13. Hajifaraji M., Esfarjani F., Roustae R. and Khoshfetrat MR., Kamrani Z. A., (2006). Assessment of anthropometric status of adolescents in public guidance schools in East Tehran, *Iranian Journal of Nutrition Sciences & Food Technology*, 2 (2): 37-43.
14. Esfarjani F, Zoghi T, Mohammadi Nasrabadi F, Islami Amirabadi M, Roustae R, Kamrani Z, Hadjifaraji M., (2006). A qualitative assessment of student's snack and buffet status in middle school's of Tehran, *International Journal of Obesity*, 32, S36–S234. (ISC Abstract).
15. Rashidi A, Mohammadpour-Ahranjani B, Karandish M, Vafa MR, Hajifaraji M, Ansari F, Sadeghi Sh, Maddah M, Kalantari N and Akhavi-Rad MB, (2007). Obese and female adolescents skip breakfast more than their non-obese and male peers. *Central European Journal of Medicine*, 2 (4): 481-87.
16. Haji Faraji M., Leeds A R. (2008). The Effect of High and Low Glycemic Index Diets on Urinary Chromium in Healthy Individuals: A Cross-Over Study. *Archives of Iranian Medicine*, 11(1): 57-64.

17. Haji Faraji M., Armin S., (2008). Persian Translation of International Ethical Guidelines for Biomedical Research Involving Human Subjects. *The Council for International Organizations of Medical Sciences (CIOMS)*, Geneva (2005), NNFTRI, SBUMS.
18. Hajifaraji M., Rashidi A., Neyestani TR., Persian Translation of Krause's Food & Nutrition Therapy (Nutrition Basics), Eds. 12 (2008), Elsevier, Canada. Translation published by Ghazale Javan, Tehran.
19. Haji Faraji M., Armin S., (2009). Persian Translation of International Ethical Guidelines for Biomedical Research Involving Human Subjects. (with Declaration of Helsinki-2008 included) *The Council for International Organizations of Medical Sciences (CIOMS)*, Geneva (2005), 2<sup>nd</sup> Eds. NNFTRI, SBUMS.
20. Hadad Tabrizi S, Hajifaraji M, Houshiar Rad A, Abadi AR, Hosseinpanah F. (2010). The Association of Metabolic Syndrome and Food Patterns In Non-Menopause Women, *Iranian Journal of Nutrition Sciences & Food Technology*, 5 (1): 39-48.
21. Hajifaraji M (2010). A Review Article on "Ethics in biomedical research involving Human subjects". *Ethics in Science and Technology*. 4 (1,2): 67-78.
22. Dahri M, Safarian M, Hajifaraji M, Houshiar Rad A, Abadi A. The association of overweight and obesity with menarche age and nutritional status in girls aged 11-15 in Mashhad. *Journal of Mashhad Medical School*. Feb 2011 (in press).
23. Haji Faraji M., Armin S., Persian Translation of "Functional foods, cardiovascular disease and diabetes" edited by A. Arnoldi, Woodhead Publishing Limited, Cambridge England. 2004 (NNFTRI, SBUMS, in press).
24. Neyestani T R., Haji Faraji M, Omidvar N, Eshraghian. The study on prevalence of vitamin D deficiency in Tehrani school children in winter 2007. *Journal of Public Health Nutrition*. 2011 (in press).

## Research Projects

1. A study of the spread of Toxoplasma in the live stock in Ziaran Butchery and comparing the parasitologic and serologic in its diagnosis. Shahabi S., Sharifian Dorcheh M., Moti' pour A., Haji Faraji M (1992).
2. The comparison of the effect of lone Immunoglobulin injection and the injection of Immunoglobulin plus methyl prednisolone in children affected by Gilenbareh. Ghofrani M., Mahmoudian T., Haji Faraji M. (1994).
3. Effect of supplemental zinc on wound healing in rat. Ibrahim A., Sazegar Gh., Hussaini A., Haji Faraji M., Zare' Kh. (1992).
4. The study of DNA content in the cancerous cells and correlation between DNA content and prognosis of childhood A.L.L. Arzani M T., Shahryari M., Rahimi nejad M S., Farhadi m., Haji Faraji M., Fararouee M. (1995).
5. Cephalometry of Tehran's 16-18 Year- old females. Riaz Davoudi P., Shamshirgaran Sh., Haji Faraji M (1994).
6. The effects of Immunotherapy on successful pregnancy in women with pre-mature and post-mature frequent abortion.
7. The effect of Sour tea (*Hibiscus sabdariffa*) on essential hypertension. Haji Faraji M., Haji Tarkhani AH., (1999).

8. Nutrition interventional planning to improve the management of school buffets and nutritional behaviours of secondary school students. Esfarjani F, Haji Faraji M, NNFTRI (2005).
9. The study on research priorities in food and nutrition policies. Haji Faraji M, Mansouri I, NNFTRI (2006).
10. The compiling of provisions and regulations for employment of contractual personnel in research projects of NNFTRI. . Haji Faraji M (2006).
11. Reviewing and compiling the action plan of the Strategic programme of NNFTRI. Mansouri I, Haji Faraji M (2006).
12. Comparison of the effect of real oat bread with the bread claimed "oat bread" on serum glucose and lipid Levels of hypercholesterolemic and type II diabetic subjects. Najjar-Safari Sh, Haji Faraji M (2007), in progress.
13. The study on prevalence of vitamin D deficiency in Tehrani school children in 2007 and comparison the effects of calcium and vitamin D-fortified milk, fruit juice or calcium + vitamin D supplement on their calcium and vitamin D status. Neyestani T R., Haji Faraji M, Omidvar N, Eshraghian M. (2007-2009).
14. Glycaemic index evaluation of 10 different breads in Mashhad city. Nematy M, Ghayour M, Hajifaraji M (2007).
15. The Association of the Metabolic Syndrome and Food Pattern in Non-Menopause Women. Hajifaraji M, Haddad-tabrizi S., Houshiar-rad A, Abadi A.R (2009).
16. The association of overweight and obesity with puberty age in girls aged 11-15 in Mashhad. Hajifaraji M, Safarian M, Dahri M, Dr. Abadi A.R, Houshyar-rad A (2009).
17. A comparison study on determination of the Glycaemic Index of macarini (nole and Semolina made) , Lavash bread and Hashemi rice in Tehran. Hajifaraji M, Rezvani V (2010), in progress.

### Congress and Seminars

1. Oral presentation at 8<sup>th</sup> Iranian Students Seminar in UMIST University, Manchester, UK, 29<sup>th</sup> June 2001
2. Oral presentation at 9<sup>th</sup> Iranian Students Seminar in Birmingham, UK, 29<sup>th</sup> June 2002
3. Poster presentation at 3<sup>rd</sup> Nutrition and Health Conference in London, UK, 29<sup>th</sup>-30<sup>th</sup> November 2002
4. Oral presentation at Research Symposium at King's College London, UK, 16<sup>th</sup> Jan 2003
5. Oral presentation at 9<sup>th</sup> Iranian Students Seminar in UMIST University, Manchester, UK, 29<sup>th</sup> June 2003
6. Poster presentation at Annual Postgraduate Symposium at King's College London, 16<sup>th</sup> January 2004.
7. Poster presentation at Winter Nutrition Society Meeting, The Institute of Child Health, , University College London, UK, 11<sup>th</sup> –12<sup>th</sup> February 2004.
8. Poster presentation at 8<sup>th</sup> Iranian Congress on Nutrition, Iran University of Medical Sciences & Iranian Nutrition Society, 6-9 Sep 2004.
9. Poster presentation at Irish Section- Nutrition Society Meeting, Queens University Belfast, UK, 15-17 June 2005
10. Participation and contribution in " The Stakeholder's Meeting" for establishing the Graduate Level Training in Nutrition M.Sc Community Nutrition and PhD Food and nutrition Policy (World Bank Second Primary Health Care and Nutrition Project). SBUMS, NNFTRI, 3-4 July 2005.

11. Poster presentation at 18<sup>th</sup> International Congress of Nutrition & Metabolism, (Nutrition Safari for Innovative Solutions) Durban, South Africa, 19-23 September 2005.
12. Participation and contribution in "The presentation and critiquing of curricular programs workshop" for establishing the Graduate Level Training in Nutrition M.Sc Community Nutrition and PhD Food and nutrition Policy (World Bank Second Primary Health Care and Nutrition Project)., NNFTRI, SBUMS, 6-9 November 2005.
13. Participation and contribution in the Study tour to University of Philippines Los Baños (UPLB) as a part of program for establishing the Graduate Level Training in Nutrition MSc. Community Nutrition and PhD Food and nutrition Policy. NNFTRI, 19-26 November 2005.
14. Cooperation and Attendance in the ISO 22000:2005 Food Safety Seminar. By BVQI and NNFTRI, SBUMS, 4<sup>th</sup> Jan 2006.
15. Participation in the "First National Congress of Medical Ethics and its Continual Education program". By Medical Society Mobilization. Mashad University of Medical Sciences (MUMS), 3-4 May 2006.
16. Participation and contribution in Sixth Joint Meeting with the University of Philippines Los Baños (UPLB) technical experts, for developing of the MSc Food and Nutrition Policy and PhD Food and Nutrition Policy curricular programs, NNFTRI, Tehran, 15-23 June 2006.
17. Poster presentation at 10<sup>TH</sup> International Congress on Obesity. Under-and over nutrition in a group of Tehrani adolescents. Sydney, Australia, 3-8 Sep 2006.
18. 1<sup>st</sup> World Congress of Public Health Nutrition. Assessment of nutritional health status of adolescents in east Tehran. Barcelona 28-30 Sep 2006.
19. Oral presentation at 1<sup>st</sup> Sub-regional Expert meeting on Ethics Education in Sciences and Technology with collaboration of UNESCO. The importance of ethics education in Nutrition and Food Technology researches, Academy of Medical Sciences of Islamic Republic of Iran. 28-29 Oct 2006.
20. Attendance in the Congress for the role of Aquatics in Society's Health as Panel member, Ministry of Agriculture of Iran, Fisheries Organization. Araak, 16 May 2007.
21. Lecture presentation at the Congress for the role of Aquatics in Community's Health. The role of aquatics in food and nutrition security, Ministry of Agriculture of Iran, Fisheries Organization. Araak, 16 May 2007.
22. Oral presentation at the Congress for the role of Fishes and Aquatics in Food Security and Health of Community. The role of aquatics in food security, Fisheries Organization of Iran. Tehran, 12 June 2007.
23. Poster presentation at the 3<sup>rd</sup> Congress of Medicinal Plants. The effect of Sour tea on essential hypertension, Shaahed University, Tehran, 24-25 October 2007.
24. Poster presentation at "the 1<sup>st</sup> National Congress on Preventing & Treatment of Obesity". Anthropometric assessment in Tehrani adolescents. Raazi Conferences Centre, 23-25 February 2008.
25. Attending at the 1<sup>st</sup> Student Nutrition Congress as head of panel for nutrition in specific groups. NNFTRI, SBUMS, 15 April 2008.
26. Oral presentation at the Conference on Nutrition and Obesity” Zahedan Medical University, 22-23 May 2008.
27. Oral presentation at the 10<sup>th</sup> Nutrition Congress of Iran by Tehran Medical University and Nutrition Society of Iran. 27-30 Oct 2008.
28. Oral presentation at the workshop on “Paper Writing Skills” NNFTRI, SBMUS, 14-15 Dec 2008.

29. Poster presentation at the “19th International Congress of Nutrition 2009 (ICN)”. Glycaemic index evaluation of different breads in Mashhad city-2007. Thailand, 4-9 Oct 2009.
30. Poster presentation at the 2<sup>nd</sup> Iranian Congress on Prevention and Management of Obesity. The association of overweight and obesity with puberty age in girls aged 11-15 in Mashhad. Tehran, 29-30 Oct 2009.
31. Oral presentation at the “4<sup>th</sup> International Congress on Health, Treatment and Crises Management in Calamities” (Head Symposium). Nutritional needs and food security in Crisis condition. Medical Society, Iran University of Medical Sciences, Tehran. 15-17 December 2009.
32. Oral presentation on “Food Pattern Reformation and Nutrition Security” at the “1<sup>st</sup> National Meeting on Health Consensus & Expenditure Pattern reformation, Ministry of Health & Medical Education, Iran, 17-18 Feb 2010.
33. Lecture presentation at the seminar on The Impact of Nutrition in Promotion of Health Indexes. Kordestan University of Medical Sciences, Iran, 20-21 July 2010.
34. Oral presentation on “The necessity of transformation in professional education and qualitatively and quantitatively promotion of nutrition research in Iran”. 11<sup>th</sup> Iranian Nutrition Congress (Nutrition: from Cell to Society), Shiraz Medical University. 1-4 November 2010.
35. Chair of “The 1<sup>st</sup> National probiotics and prebiotics congress in Iran- from Technology to clinic”. NNFTRI, SBUMS. 18-21 May 2011.

### **Society's membership**

1. The Nutrition Society of UK, (2001-...)
2. Association for the Study of Obesity, UK, (2003-...)
3. Iranian Nutrition Society, (2005-...)
4. Iranian Obesity Society (2006-...)
5. Iranian Medical Ethics Society (2006-...)
6. Iranian Paediatric Nutrition Society (2008-...)
7. Food and Nutrition Association for Health Advocacy (2005-...)

### **Awards**

1. Award Letter of Honour for facilitating and initiating the University workshops. Awarded by the Vice -Chancellor of research of Shaheed Beheshti University of Medical Sciences (SBUMS). Tehran, Iran (1997).
2. Award Letter of Honour for teaching Research Methodology at the third International Congress on Endocrine Disorders (The Thyroid) of SBUMS Tehran, Iran (1995).
3. Award Letter of Honour for teaching and Facilitated Medical Research Paper writing to medical attendants of Kashan University of Medical Sciences Awarded by the Vice- Chancellor of research. Kashan, Iran (1996).
4. Award Letter of Honour for facilitating and initiating at the research Methodology workshop of Gazvin University of Medical Sciences. Awarded by the president of University (1994).
5. Award Letter of Honour for compiling and publishing the SBUMS academic records. Awarded by the president of University ( 1994-96)

6. Elected as the most outstanding referee in Medical Journal of Teb and Tazkyeh. Tehran, Iran (1997)
7. Award Letter of Honour for facilitating and Initiating at "The First Seminar for Providing Best treatment at Hospitals" SBUMS Awarded by the Secretary of seminar (1996).
8. Elected as the most outstanding National Personnel. Awarded by the president of Islamic republic of Iran (1999).
9. Award Letter of Honour for collaboration the 5<sup>th</sup> National Food Technology Congress for "Health, Security, and Quality". Awarded by the Director of National Nutrition and Food Technology Research Institute of Iran, 2-5 May 2005.
10. Elected as the most outstanding researcher in 6<sup>th</sup> Research Festival of SBUMS. Awarded by the president of Islamic republic of Iran, 21 Dec. 2005.

## **Interests**

1. Clinical and Human Nutrition
2. Nutrition and Food Policy
3. Nutrition and Food Security
4. Research Methodology and Management
5. Research Ethics